

i ddechrau... to start...

Caws Pob Majic Cymreig £3.95 Magic Welsh Rarebit
Caws Pob wedi ei wneud gyda Lagyr Majic Tomos Watkin
Cheese on Toast made with Tomos Watkin's Magic Welsh Lager

Cawl cartref y dydd £4.50 Homemade Soup of the Day
Gyda bara crystiog a menyn Served with crusty bread and butter

Teisen Cranc £6.50 Crab Cake
gyda salad tomatos a berwr gwyllt a mayonnaise leim
served with a tomato and wild rocket salad and lime mayonnaise

Madarch y maes rhost wedi'u llenwi £6.50 Roasted stuffed Field Mushroom
wedi'u llenwi â brie a winwns coch wedi'u caramleiddio. Daw'r pryd ar bruschetta
stuffed with brie and caramelized red onions and served on a bruschetta

Corgimychiaid Mawr £7.00 King Prawns
wedi eu ffrio gyda selsig chorizo, tomatos bach, olew yr olewydd a them, a'u gweini gyda bara focaccia rhosmari
sautéed with chorizo sausage, cherry tomatoes, olive oil and thyme and served with a rosemary focaccia

Salad y Dydd gan y Cogydd £6.95 Chef's Salad of the Day
gyda bara perlysiâu a garlleg wedi'i dostio
served with garlic and herb toasted bread

brechdannau ... sandwiches...

wedi eu gweini mewn bara focaccia rhosmari, gyda sglodion wedi'u torri â llaw, a mymryn o salad
served in a rosemary focaccia with hand cut chips and a side salad

Ham lleol, cheddar a siytni cartref £6.25
Local ham, cheddar and homemade chutney

Stribedi o gig eidion Cymreig o'r badell gyda winwns coch wedi'u caramleiddio a menyn garlleg £6.95
Strips of Welsh Beef sautéed with caramelized red onions and garlic butter

Brest cyw iâr wedi marinadu gyda pherlysiâu, lemwn ac olew olewydd gyda berwr gwyllt £6.50
Chicken breast marinated in herbs, lemon and olive oil with wild rocket

Caws a llysiâu Canoldirol wedi'u grilio £5.95
Dewis : Caws Gafr/Gorwydd Caerffili/Cheddar Mwg Rhydlewis/Perl Wen
Cheese and grilled Mediterranean Vegetables
Choose from : Goats Cheese/Gorwydd Caerphilly/Rhydlewis Smoked Cheddar/Perl Wen

prif gyrsiau... main courses...

Penne Eog Mwg Rhydlewis £7.50 Rhydlewis Smoked Salmon Penne
Eog mwg Rhydlewis a phasta wedi eu cymysgu mewn saws tomato hufennog
Rhydlewis Smoked Salmon and pasta quills bound in a creamy tomato sauce

Penne Cyw Iâr a Phesto £7.50 Penne Chicken and Pesto
Darnau o gyw iâr a phasta wedi eu cymysgu mewn saws pesto hufennog
Chunks of chicken and pasta quills bound in a creamy pesto sauce

Ffiledi o Borc Lleol £9.50 Medallions of local Pork fillet
gyda chaws pob Cymreig a jam winwns coch drostynt, gyda thatws stwnsh, pys sugar snap, a sug port
topped with Welsh rarebit and red onion jam served with mashed potatoes, sugar snap peas and a port jus

Stêc Cig Oen Dyffryn Ystwyth £12.95 Ystwyth Valley Lamb Steak
gyda chrwst amaretti, ac wedi ei weini gyda bresych, bacwn a hadau carwê mewn hufen, stwnsh tatws a sug rhosmari a cyrens coch.
with an amaretti crust, cabbage sautéed with caraway seeds, bacon and cream, mashed potatoes and a redcurrant and rosemary jus.

Stecen Syrllwyn Cymreig £13.95 Welsh Sirloin Steak
gyda sglodion cartref, tomato wedi'u rhostio'n araf a dewis o sawsiau:
Papur Du Mân - Bacwn, sialôts a them - Garlleg a menyn perlysiau
served with hand cut chips, slow roasted tomato and a choice of sauces:
Cracked Black Pepper - Bacon, Shallot & Thyme - Garlic and Herb Butter

Brest Cyw Iâr wedi'i Rhostio £9.50 Roast Breast of Chicken
gyda thatws dauphinoise, llyisiau wedi'u stemio a saws oren, mango a tsili
served with gratin dauphinoise, steamed vegetables and an orange, mango and chilli sauce

Byrger y Gwesty £8.50 Gwesty Burger
cig eidion organig Cymreig mân gyda chaws cheddar Cymraeg, salsa tomato cartref, sglodion wedi eu torri â llaw a salad bach
organic ground Welsh beef topped with Welsh cheddar and homemade tomato salsa, handcut chips and a side salad

Ffiled Eog £9.50 Salmon Fillet
wedi'i gorchuddio â chrwst perlysiau gyda thatws newydd a llyisiau wedi'u stemio gyda menyn leim a syfis
topped with a herb crust, new potatoes and steamed vegetables in a lime and chive butter

Cyw Iâr Gwlad Thai £8.95 Thai Chicken Curry
Cyw iâr mewn saws coch coconyt gwlad Thai gyda sinsir, coriander a tsili, reis jasmin a chraceri corgimychiaid
Chicken in a Thai coconut sauce with ginger, coriander and chilli, served with jasmine rice and prawn crackers

Risotto Llyisiau Canoldirol Rhost £7.50 Roast Mediterranean Vegetable Risotto
Llyisiau canoldirol rhost a reis wedi eu cymysgu mewn saws tomatos rhost balsamig gyda chaws gafr wedi'i dostio drostynt
A risotto of Mediterranean vegetables bound in a balsamic roast plum tomato sauce topped with toasted goat's cheese